

CINCINNATI ALLERGY & ASTHMA CENTER

ALLERGY TESTING

SKIN TESTING tells you if you are allergic to things that may be causing your symptoms.

There are two types of skin tests:

- a.) **PRICK:** A tiny prick is made with a special “plastic toothpick” containing a small amount of “allergen.”
- b.) **INTRADERMAL:** A small amount of allergen is placed underneath the top layer of skin to form a bump the size of a small mosquito bite.

If you are allergic, a small red bump (that itches) will appear within 15-20 minutes.

Delayed reactions to mites and molds may occur, and the reactions could appear that night or the next morning.

RAST TESTING is a less sensitive, and more expensive blood test that may show what things cause your allergy symptoms.

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FOR YOUR TESTING APPOINTMENT

You must discontinue the following medications:

ALLEGRA	7 days
ASTELIN NASAL	48 hours
CLARINEX	7 days
CLARITIN	7 days
ZYRTEC	7 days
LORATADINE	7 days
ALAVERT	7 days
ALL OTHER ANTI-HISTAMINES	48 hours
ZANTAC, TAGAMET, AXID, and PEPCID	24 hours
BETA - BLOCKERS	12- 24 hours

You may continue to take all other medications, including antibiotics, decongestants, and other nose sprays.